

## What you will need?

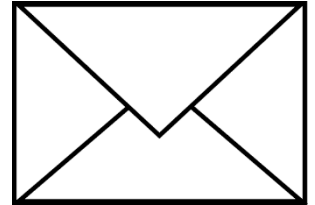
### 1 Postcard



### 1 Stamp



### 1 Envelope



'Love From' is a Community Arts project where people will be able to send a postcard with their own response to what they have missed during lockdown to be part of a wider exhibition.

This could be a poem, a letter, a drawing – anything! So for example, if you missed going to the beach during lockdown you may write a poem about the beach.

Example:

**S**and between my toes



**A**ll the dogs on the beach \_\_\_\_\_

**N**o day is better than this \_\_\_\_\_

**D**on't fall in the sea! \_\_\_\_\_

Here are some questions for your postcard?

- What have you missed during lockdown?
- Who have you missed?
- What are you looking forward to?



Using your own answers as inspiration, it is time to can decorate your postcard. Remember, this could be a poem, a drawing, a story or even a collage.



If you want to, you can sign off with your first name, age and city!

Love From,  
Jess, 23, Blackpool.

Once you have completed the postcard, you can put it in an envelope and write the below address on the front of the envelope.



Finally, you can post the envelope at your closest post-box!

If you are not sure where this is the royal mail website may help:



<https://www.royalmail.com/services-near-you#/>

*Thank you for taking part in the project and feel free to share this PDF if you think others would like to take part!*

*- Siobhán Wedgeworth and Rhiannon Jones*