



**Useful information about the services
offered by Bis-Net**

Welcome to Bis-Net

This booklet has been created to tell you more about the Behaviour Intervention Support Network, known as Bis-Net .

Bis-Net is operated by Exeter based charity CEDA, who through its four services create opportunities with disabled people across the south west. CEDA, provides opportunities for disabled adults, children and young people from all across Devon. Founded in 1988 with the purpose of offering stimulating, meaningful and fun activities for disabled people, this ethos remains at the heart of everything we do today. Each person is encouraged to set and achieve their own personal goals through learning workshops, social activities and one to one support.

CEDA has a 'can do' approach founded on our belief that barriers are obstacles to be overcome and that, by working creatively, we can make what seems impossible become possible.



Contact information

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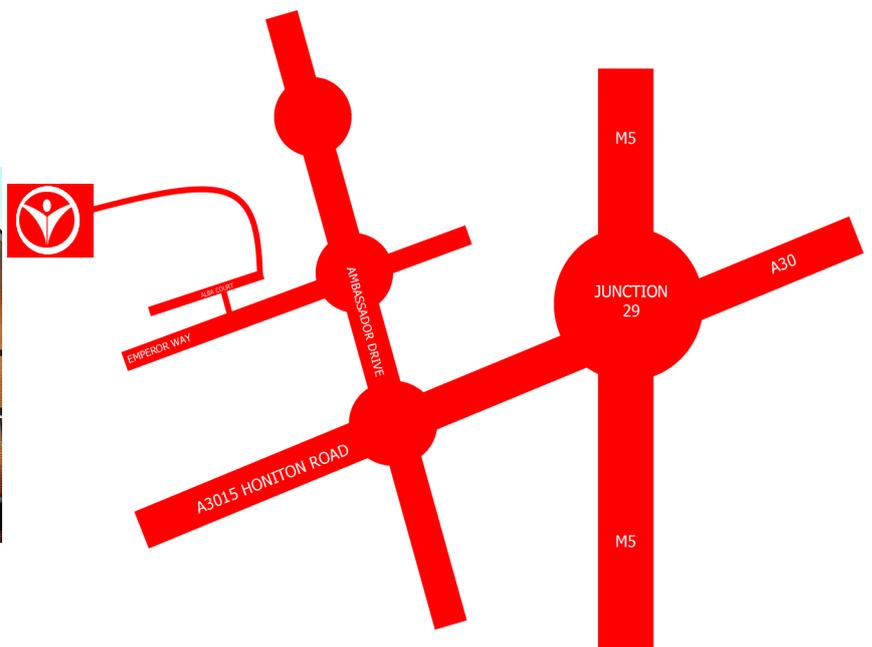
bisnet@cedaonline.org.uk

Online

www.cedaonline.org.uk/bis-net

Driving to the Clare Milne Centre

Our offices based at The Clare Milne Centre are conveniently located off Junction 29 of the M5. We are on the Exeter Business Park just off from the Sowton Industrial Estate. There are a couple of bus stops within walking distance to The Clare Milne Centre. The Met Office is a good landmark, it is important you follow the black traffic signs for the Met Office to get into Emperor Way.



What is Bis-Net?

OUR PURPOSE

To help parents and carers struggling to support the individuals in their care as at risk of displaying challenging or aggressive behaviours.

To reduce isolation and exclusion from the community for individuals with behaviour support needs by working towards long-term adjustments that will allow them more access to society.

To create a better network of support for individuals with Behaviour Support needs and those caring for them within the local community.

BIS-Net offers a wide range of services, including:

- Training services for parents and carers
- Relationship Development Intervention (RDI®) consultation
- Family Therapy service
- Community Support

Throughout our service we work in a person-centred way, going at your pace and valuing your views and expertise.



Who's who in Bis-Net?



Sam Harris leads on the project. Having worked for many years with children and young people with autism, ADHD, and other conditions which could lead to behaviour others found challenging, Sam developed tried and tested strategies to improve communications. Following on from this he trained as an RDI (Relationship Development Intervention) Consultant, and now provides a range of approaches and therapeutic support with families.

Sam has designed a range of training courses, which are available for young people, parents, professionals and organisations in the Devon area. This vital combination of educating the individual, family members, and the wider community is needed to improve outcomes for the vulnerable young people Bis-net supports.



Howard Hoskins brings a wealth of experience following a career providing children and adults access to sports and activities. Developing inclusion and an eye for observing individual development has led to specialist support for those on the autistic spectrum and other conditions that effect social and emotional development.

He is now an RDI consultant providing support to both families and individuals. Howard uses his experience and training to share his knowledge within CEDA.



Diana Cole and Renata Colley are CEO's of CEDA, Bis-Net 's umbrella organisation.



Bis-Net services

Behaviour Support Consultation

A 6 session programme for a family supporting any individual with socially isolating or aggressive behaviours. Families work with Bis-Net consultant to create a behaviour support plan that is appropriate to the child and their situation. The consultant also provides therapeutic support to the family to allow them the best chance to make changes.

Relationship Development Intervention

An on-going programme specifically for families supporting individuals in the Autistic spectrum. Looks to re-address the stages of social, emotional and relational development that have been interrupted by the Autism.

Family Therapy Sessions

A non-judgemental, talking therapy designed to allow individuals to explore problems from a distance, whilst valuing their own perspective and story. This can also be accessed by the individuals with the behaviour support needs themselves, providing they are willing to engage.



Bis-Net services

Bis-Con

Our annual conference brings together guest speakers, professionals and family members at a yearly event showcasing the work of Bis-Net and capturing the thoughts and feelings of the here and now.



Bis-Pod

These free to download podcasts are a valuable additional resource to support the learning, advice and guidance offered by Bis-Net. Sam sits down with a number of professionals and together they chat about techniques, opinions and tips to help with the management of behaviours that challenge.



Your Bis-Net journey

1



Contact us to find out more and receive our information pack. Congratulations, you have already done this step and you are reading this.

2



Decide which service you would like to access and how this is going to be funded. For support on funding see opposite page

3

Once funding is in place. Please complete the referral form included in this pack and return to us. Our service is very personal and can get busy, depending on your needs you could be placed on our waiting list.

4

Wait times vary and you may have to wait 3 - 6 months. Once you are at the top of the list, we will contact you with available slots that match those you tick on the referral form. If you can be flexible, the wait time may be reduced.

5



Services can start. Depending on which service you access you will work with your consultant to try and improve the outcomes outlined in your referral form or by the referrer.

6



Services will be complete. You will receive a final report which will cover the work that has been completed and include recommendations for the future, including continued support if required.

Behaviour aware

Parents have repeatedly told us of their difficulties accessing facilities across Devon when a member of their family has a hidden impairment such as ASD or ADHD. Based on real experience, we've gathered together ideas and strategies that would make the expedition to anywhere in the glorious county of Devon less likely to be an adverse experience, and more like to be successful and enjoyable.

Both parents and their sons and daughters have money to spend. A welcoming and comfortable experience makes it almost certain that they will return to the store, restaurant, or other facility, not least because people on the autistic spectrum often find change difficult, and feel more comfortable in places they are familiar with.

Meeting the needs of these customers is a win-win strategy – businesses can increase their profits by attracting these customers to come back to their store, restaurant or service again and again.

CEDA Bis-Net can come into your organisation and support you with help and advice on how to make your business more 'Behaviour Aware'. We can then provide you with a certificate and window sticker to show potential new customers you have given consideration to the needs of others.



Training and support

We deliver a comprehensive selection of training courses throughout the year and across different parts of Devon. Some examples of the training we deliver are detailed below, but the best place to find out dates of upcoming training is via our website;

www.cedaonline.org.uk/bis-net

Supporting a Young Person with Challenging or Aggressive Behaviour

A two day workshop aimed at any parent supporting a young person who is at risk or displaying socially isolating, challenging or aggressive behaviours.

The techniques covered in this course can be applied to both younger children and teenagers. Time will be spent allowing parents to adapt the principles to their particular child's needs. A diagnosis is not required to attend this course as the techniques are designed to be supportive for all and a wide range is covered to allow parents to hand pick those that are most appropriate

Understanding & Supporting an Autistic Young Person

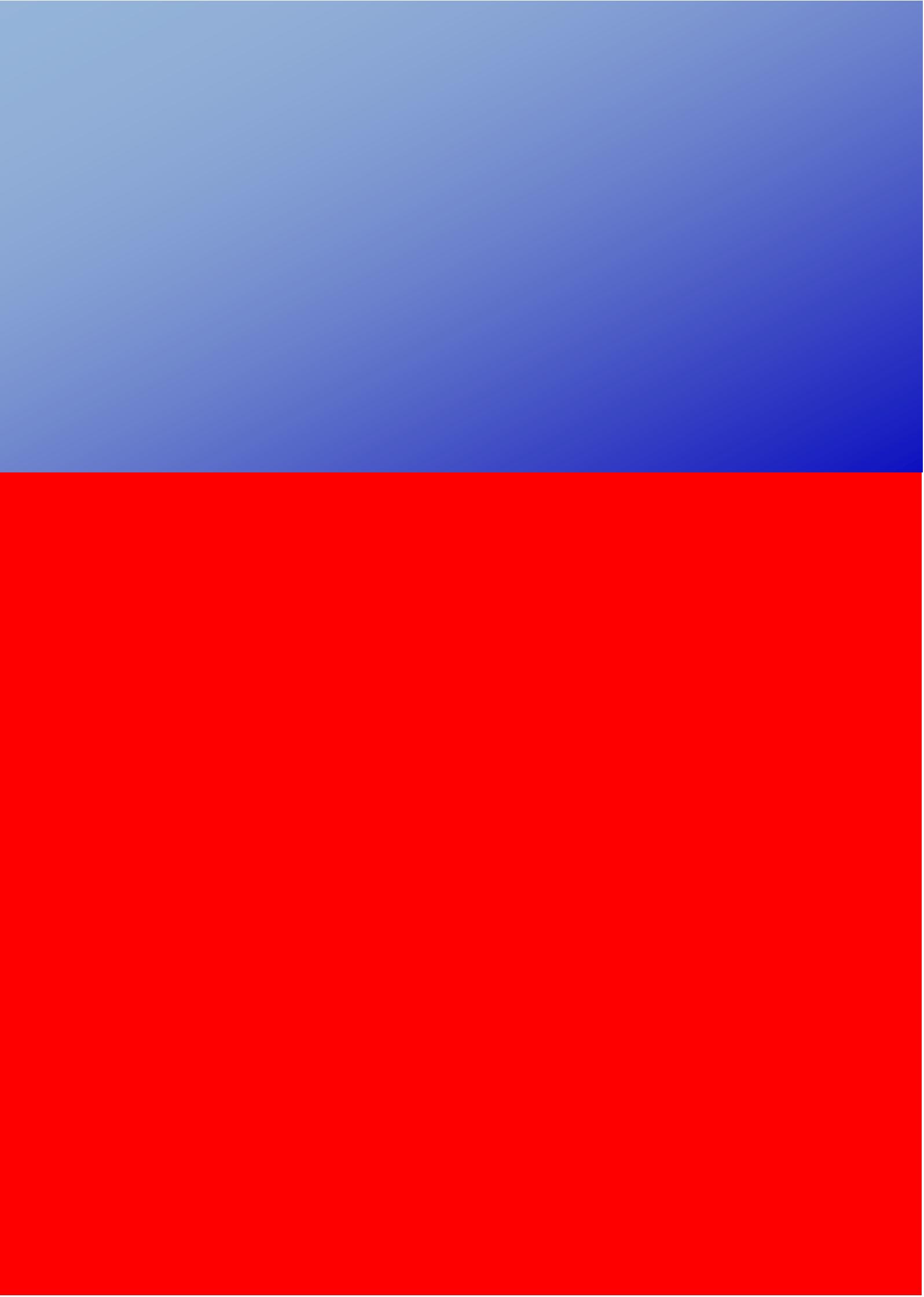
A two day workshop aimed at any parent supporting a young person with Autism through social and emotional development stages.

A formal diagnosis of Autism is not required to benefit from the course as many young people with behaviour support needs also show some difficulties with social communication, understanding and emotional regulation.

You first: supporting yourself to support your child

Knowing what to do isn't the same as being able to do it. Are you the parent of a young person who exhibits challenging or aggressive behaviours? Or just a parent feeling overwhelmed or over anxious? If you need support to get yourself in the right place to support your child, this could be the course for you.







bis-net

behaviour intervention
support network

www.cedaonline.org.uk

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