



ceda

community, equality, disability action

Annual report and accounts 2014-2015



REPORT OF THE CHAIR

The Trustees are delighted to report another CEDA year where the charity has continued to support people with disabilities to lead fulfilled lives. Hard work and commitment is a key factor and we thank the great team at CEDA for their commitment and dedication for their personalised support.

Our report will take you through a journey of performance and achievement, applying innovative thinking and practice that builds upon our experience and talents. At CEDA we aspire to make a difference to people's lives, a place to come, learn, achieve and be happy, working with some 200 people each and every month.

Join us in this journey and discover how our funders and supporters have enabled us to work with increased numbers of children with complex needs, expanding our After School Club, reaching out through music and the arts. Learn about Developing Me and how disabled people are supported in decision taking at important crossroads of their lives.

Understand how our Community Services work to clear objectives to target healthy eating, improved mobility, making friends, and managing finance, or how our Activity Hub runs alongside a varied arts and sports programme, drawing in The Met Office on 'Weatherability' and Sainsbury's Alphington, as Charity of the Year.

Be introduced to IMPISI, written and performed by disabled people and how this inspired the 3D Teignmouth TRAIL. View CEDA TV on YouTube. Discover how Behaviour Intervention Support is transforming families, with a young disabled person, and empowering them to understand and deal with significant challenging behaviours.

Finally, not only a thanks to all our funders, but a special thanks to the inspiration of Greg Hurford, who pushed the boundaries for all disabled people, through his great love of the outdoors and how this challenge could be enjoyed by those with a physical disability. The work that Greg did with CEDA in developing and shaping our community and short breaks services was recognised by Lloyds Bank Foundation for England and Wales winning the regional award for unsung hero. Sadly he died before he learnt of this award, however his inspiration lives on.

Steve Keable, Chair of Trustees

STATUS

The company is limited by guarantee (company number 4693500) and is a registered charity (number 1096528). It, therefore, has no share capital and makes no distribution to its members by way of dividend or otherwise.

PATRON

Roger Jefcoate CBE DL

TRUSTEES

Mr S Keable (Chair)

Mrs K Lyons (Secretary)

Mr M Banfield

Mrs L J Walsh

Ms R Davison

Mr B Hughes

Mr P Jeffs (Resigned 14/10/14)

Mr T Dyde (Deceased 14/10/14)

Day to day management of the charity is delegated to the Joint Chief Executives, Diana Cole and Renata Colley.

BANKERS

Bank of Scotland
33 Old Broad Street
LONDON
BX2 1LB

AUDITORS

Bush & Co
2 Barnfield Crescent
Exeter
EX1 1QT

SOLICITORS

Tozers
2-3 Orchard Gardens
Teignmouth
TQ14 8DR



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AIMS AND OBJECTIVES

CEDA works for disabled adults and children in ways which make sense for them, always keeping the individual at the centre of the service. We will listen, learn and act, to enable each person to be who they want to be, as visible and valuable members of the community.

Our services are:

Activity Hub Delivered for 51 weeks of the year with people over the age of 18.

Youth Services Delivered through all school holidays, each Saturday and after school for children and young people.

Community Enabling and Short Breaks, offered all year round as requested.

Developing Me Person Centred Planning, delivered as and when it is needed.

Arts Creative opportunities for and with disabled people.

BIS-net Behaviour support for individuals, parents and professionals.

RONALD RESEARCHING THE PAST

IT and Arts continue to be popular activities for everyone who attends CEDA.



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Purposes and aims

The charity's objects and principal activities are:

- To promote the social inclusion of people with physical, sensory or learning disability living in the South West of England.
- The provision of respite care for young disabled people.

Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.



SEASIDE SAFARI

CEDA's 2014 submission to the Teignmouth TRAIL arts exhibition was themed around our big arts production, Impisi.



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ACTIVITY HUB

The Activity Hub continues to thrive and create wonderful and varied activities and opportunities for disabled adults. We delivered over 140 different topics during this year with 30 brand new opportunities on offer too. The service users are becoming more ambitious in their requests for activities and CEDA endeavors to make all requests a reality.

Many service users wanted the opportunity to develop communication, especially through the use of technology. Thanks to support from the James Tudor Foundation CEDA was able to buy a range of hand held tablets to support individuals to explore and develop communication skills. The project was a resounding success with service users using technology to make requests and converse with their peers, many for the first time.

Drama has always been popular and service users were able to join in with drama therapy at CEDA and a production called Impisi, which was performed over 2 evenings at a theatre in Exmouth.

Highlight of the year

SAINSBURYS ALPHINGTON ROAD CHARITY OF THE YEAR

Our service user group, The Heart of CEDA, have been very busy this year, working closely with Sainsbury's Alphington Road, as CEDA had been chosen to be their charity of the year. Various members of the group have visited the store each month and helped fundraise for the charity, they even held a table cricket event in the entrance!



IN BRIEF

- 140 different topics were programmed within the Hub this year
- 30 brand new to CEDA topics available within the Hub this year
- 43% of adult service users have achieved a personal goal this year
- Over 8,500 sessions were attended by service users
- Over 50 adults attend the Activity Hub on a regular basis

CEDA worked closely with The Met Office to explore and understand the weather. The Weatherability session saw service users take part in exclusive tours of the Met Office recording their own weather forecast. The project concluded with a special question and answer session with BBC South West's Chief Meteorologist, David Braine, for a piece that was recorded and broadcast on BBC Spotlight.

CEDA continues to work in partnership with as many organisations as possible and during this period we have become a cultural associate of Exeter's central Library and this has helped support our literacy sessions within CEDA.



WEATHERABILITY

David Brain from BBC South West demonstrating how the professionals compile and read the weather in front of the camera.



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CEDA's first Youth Music project ended in October 2014, completing two very successful years of supporting and developing musical opportunities for children and young people. CEDA was thrilled to have secured an additional two years of funding to build on its successes. In August CEDA organised a concert in Princesshay, Exeter. We worked with local disabled musicians who performed to shoppers and tourists in the city centre. The young people from CEDA performed a Taiko drumming act. The day was a resounding success, not even the rain could dampen spirits. To celebrate the end of the project CEDA organised a second event, this time at the Exeter Phoenix Centre. It was a second opportunity for a wide variety of disabled performers to showcase their talents to a live audience. Local artists, as well as the Fish Police from London entertained a large audience all day, the atmosphere was lively and upbeat and everyone danced the day away.

CEDA's Taiko performers had two additional opportunities to perform to live audiences. In June 2014 HRH The Duke Of Gloucester visited us at CEDA and the drummers performed to welcome him. The Second performance was at the UK Taiko Festival where they not only performed but were able to spend the day watching other acts from across the world and were inspired to learn and improve their own techniques and skills.

TAIKO

The popular art of Taiko drumming is a firm and noisy favourite for members of the youth services.



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The Holiday, After School and Saturday clubs are as popular as ever. Thanks to the continued support from BBC Children in Need, CEDA was able to provide a wide variety of trips into the community for the children and young people. The trips offered through the year have included fishing, accessible pony rides, outdoor activities at Haven Banks, mountain boarding and surfing as well as the usual trips to local attractions, beaches, parks and forests. These trips really support children and young people to make friends and develop life skills.

We continue to receive a steady stream of new referrals and we are now working with increasing numbers of children with more complex needs who require one to one support. In turn this has meant that we have had to recruit more staff who are skilled in working with these complexities.

The older children access a social group, these young people are supported to be more independent as they approach adulthood and they have also helped to plan trips. The Lady Taverners continue to support CEDA, creating many opportunities for the young people to engage in activities too.



TRIPS OUT

Well planned trips out keep young people at CEDA coming back making and continuing friendships with others.



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COMMUNITY SERVICES

CEDA's community services continue to offer activities to individuals that meet their needs in a person centred way, delivering approximately 260 hours of support each week. Service users work towards achieving clearly defined outcomes, including healthy eating, improving mobility, competing in the Great West Run, making friends and managing their own finances, to name but a few. CEDA regularly supports a young couple to have weekly dates and to go on holiday together, we have also supported an individual to become reacquainted with an estranged parent and another person has been working on a long distance childcare qualification.

In addition to the daily enabling CEDA continues to provide support to individuals to access short breaks. We have supported individuals on 23 breaks over 57 nights. Destinations have included York, London, Portsmouth, The Isle of Wight, The Calvert Trust and a walking holiday on Exmoor. One short break user even had a weekend stay in Exeter to compete in the Great West Run and with the support of a dedicated team of enablers was able to enter and complete the half marathon in an amazing 2 hours 53 minutes. CEDA delivers the ordinary but is excited by the challenges of the extraordinary; obstacles are merely challenges that need solutions!

MAKING THE EVERYDAY POSSIBLE

Accessing special services such as 'Pony Access' allows our users to achieve everyday things like visit the beach.



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DEVELOPING ME

The most exciting innovation for Community Services is the introduction of a new Developing Me Project. This project has been funded by Lloyds Bank Foundation for England and Wales for 3 years and started in January 2015. The project will support disabled people to make all sorts of transitions in their lives and to live the life that they have chosen for themselves; this can be anything from moving, challenging authority, becoming more independent, having relationships, exploring personal issues such as sexuality or anything else that is significant to that person.

Through the project we are supporting people to develop Person Centered Plans. Each plan clearly identifies the changes that they need to make to achieve their goals and ambitions. The project leader has made a positive start in this role, plans are in development and significant transitions are being planned.

IN BRIEF

- **23 short breaks**
- **57 nights away**
- **260 hours of support provided each week**
- **45 people supported through the year**
- **Over 36,000 miles travelled by service users**

BEYOND THE WILD

CEDA do as much as possible to make what can be considered impossible, possible.



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THE ARTS

CEDA completed its third and final year as a National Portfolio Organisation. The three year funding from Arts Council England has meant that we were able to do long term planning and engage in more elaborate activities over an extended period of time.

Adults from the Activity Hub spent a term learning about film making and how TV programmes are made. A 40 minute TV programme was scripted, performed and filmed by service users and was launched at a red carpet event, which was very well attended. CEDA TV is still available on YouTube for everyone to see. Arts will continue at CEDA in 2015-16, thanks to support from Arts Council England's Grants for the Arts programme.

CEDA's entry into the Teignmouth TRAIL , 'The African Wildlife meets the Sea', won first prize again this year, winning the popular vote from the general public. CEDA created an African inspired piece with 3D sculptures of lions, hyenas, meerkats and vultures in a savannah setting roaming the Teignmouth seafront.

Highlight of the year

IMPISI THEATRE PRODUCTION– EXMOUTH PAVILIONS

The highlight of the year and our biggest and most ambitious project to date were the two performances at Exmouth Pavilions of a play called Impisi. The play was written by disabled playwright Clive Esseme, and is a parable about disability and inclusion. The cast were able to work with a professional director, Anthony Richards and animator Simon Tytherleigh.



2014-2015

The children and young people have also been very busy working with a local artist to achieve their Arts Awards. This has been challenging but very rewarding. There have been a range of activities, including storytelling, magic, dance, drama and theatre activities and experiences.

CATALYST FUND

The second year of our Catalyst funding is now complete and has created the opportunity to look at different sources of funding. We have worked with two other organisations; Somerset Film and Superact to share resources and learning from the experience. One of the biggest learning points from the project has been the importance of marketing and profile building within the community.

We are building relationships with local businesses and aim to develop these in future years.

IN BRIEF

- **We have delivered 270 workshop events and projects for disabled practitioners.**
- **Over 10,000 people have seen work produced at CEDA.**
- **We have delivered activities to 170 disabled children and 80 adults.**



COMMUNITY MUSIC

Events like our CEDA Rhythms music event at the Exeter Phoenix shows others what can be achieved.



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Bis-Net has now completed the second of five years funding to deliver this project, which is being supported by the Reaching Communities Fund from the National Lottery. BIS-Net is supporting individuals, their families and community services to understand, manage and change behaviours in the future. The manager has been working intensely with families, delivering the RDI programme (Relationship Development Intervention). This is a long term intervention but the families are now beginning to see and experience significant and measurable changes to the relationships and therefore the behaviours within the family and outside the family. A second RDI consultant was identified and is currently undergoing training; this will lead to increased access to RDI for families.

We have seen one young person move from being at high risk of offending, to requiring reduced support, greatly improved relationships at home and making new friends. He was close to being excluded from school but is now thriving in the school environment.

AIMING HIGH

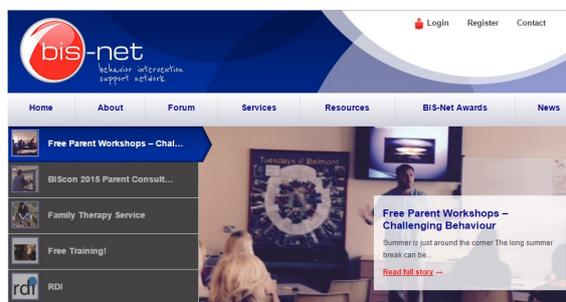
Getting individuals out to try something new.



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CEDA has delivered bespoke training to 12 different community settings, ranging from schools to supermarkets, supporting those who work there to better understand and develop skills to manage behaviours that challenge. This increased knowledge and understanding will help to support individuals to continue to access the community, or to access the community for the first time.

Through the project CEDA has also successfully supported individuals who have been excluded from school whilst they transition into new placements. The support offered by CEDA meant that the young people were supported to manage their feelings and behaviours which resulted from the exclusion, as well as offering support to the families through the difficult period.



BIS-NET ONLINE

Bis-net launched its own dedicated website this year.

BIS-net is a new project funded by the National Lottery 'Reaching Communities Fund' which will aim to look at establishing a range of behavioural support services for parents and carers, as well as creating a better network of independent local...



Highlight of the year

ROYAL VISIT FROM HRH DUKE OF GLOUCESTER

On June 13th 2014 CEDA welcomed HRH The Duke of Gloucester to the Clare Milne Centre. Guests, staff, trustees and service users gathered together to enjoy the glorious sunshine, entertainment and the whole event which celebrated 10 years in our building. HRH was presented with a postcard set designed by CEDA members as a memento of his visit to Devon.



2014-2015



SPORTS

The Peter Harrison Foundation very generously supported CEDA for 6 years and in January 2015 the funding of this very successful project came to an end. The grant supported the post of a dedicated sports and activities leader with the purpose of introducing disabled individuals to sports and physical activity, to increase participation and to embed sport and physical activity in to the lives of individuals and into the culture of the organisation. This project exceeded our expectation, with over 130 people each year accessing at least one opportunity to try something new.

The range of activities varied from track and field events, boating, gorge scrambling, cycling, walking, half marathon, golf, cricket, table cricket and boccia to name but a few. We worked closely with various organisations through the project and are especially grateful to South West Athletics who supported many of the activities that we were able to offer. The funding may have ended but the legacy endures; now CEDA has a number of people trained in delivering a range of physical activities and service users now expect to have physical activity as part of their weekly routines and ask for both the opportunities and CEDA's support to achieve this.

SPORT

A real sense of achievement for the children and young people after successfully mountain boarding on Dartmoor



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FUTURE PLANS

CEDA continues to respond to family and service users' requests and adapts and responds to suggestions and recommendations. We will continue to work closely with individuals as well as the local authorities to ensure we deliver a high quality service at all times.

The Community Services is anticipated to grow this year, responding to individual's needs and creating varied, interesting and challenging activities to meet these needs. With the introduction of the Developing Me Project, we anticipate being able to support many more people through the difficult transitions that many face, challenging individuals and organisations that may impede their progress.

With the introduction of a second RDI (Relationship Development Intervention) Consultant to CEDA, we aim to offer more support to families.

More building improvements are in the pipe line, with support from the Clare Milne Trust we will be able to install air conditioning throughout the Centre.

2015-16 will see CEDA return to an annual application to Arts Council England for support through Grants for the Arts. The year ahead is in development and several disabled artists and projects have been planned and commissioned to continue the excellent programme delivered in the past.

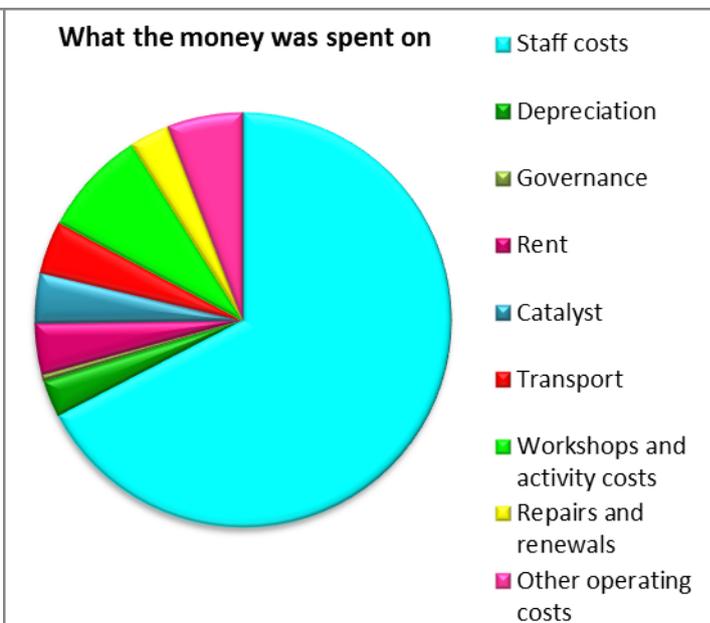
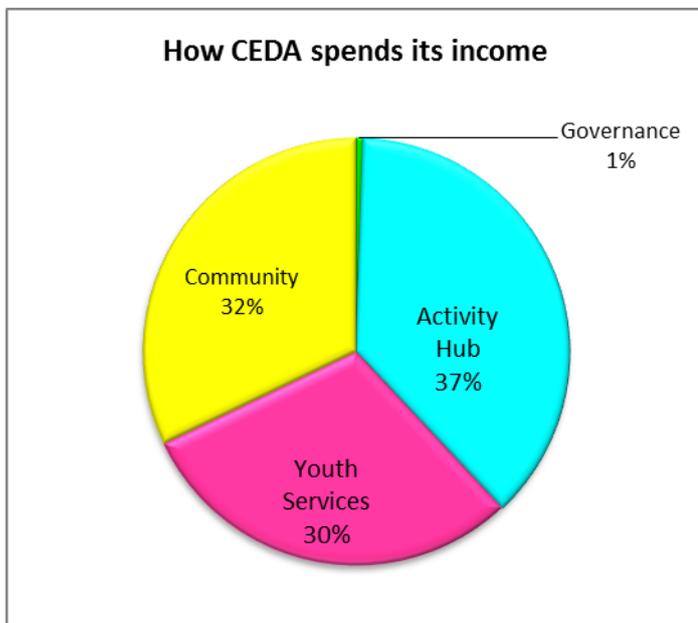
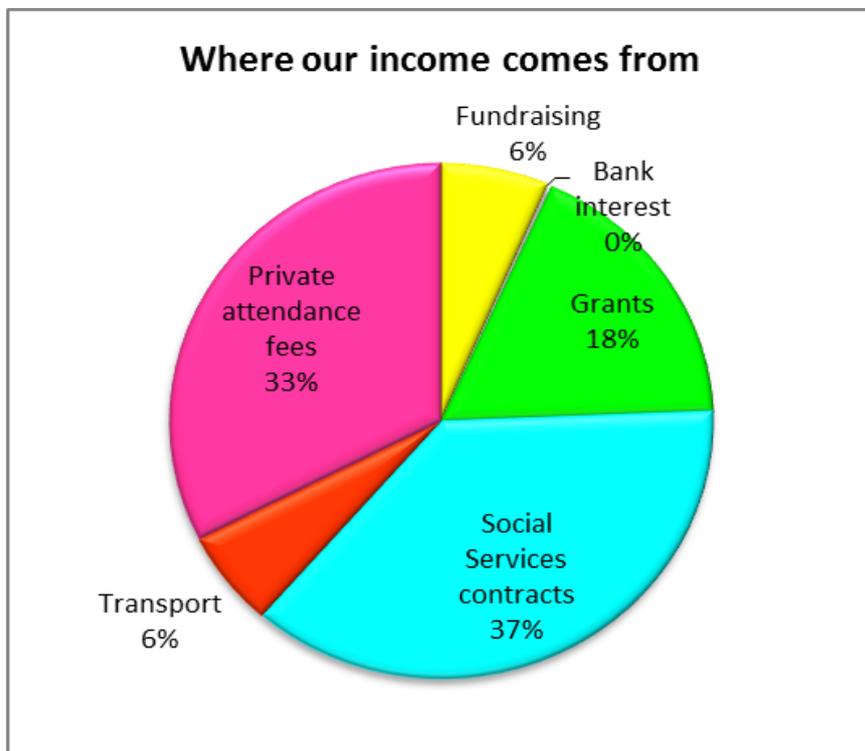
Marketing is going to be a focus for the next year and we plan to launch our first CrowdFunding campaign to support users to achieve their goals.

We will be due to renew our PQASSO accreditation and aim to reapply before September 2015.



CEDA received grants and financial support from:

- The Clare Milne Trust
- Lloyds Bank Foundation for England and Wales
- Arts Council England
- National Lottery Reaching Communities Fund
- Youth Music
- Awards for All
- BBC Children in Need
- James Tudor Foundation
- B-CH Charitable Trust
- Sainsbury’s Alphington Road
- Peter Harrison Foundation



STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
YEAR ENDED 31 MARCH 2015

	Unrestricted funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
INCOMING RESOURCES				
Incoming resources from generated Funds				
Voluntary Income:				
Donations	2,116	62,117	64,233	53,501
Activities for generating funds:				
Fundraising	200	-	200	336
Investment Income:				
Bank interest	2,138	-	2,138	2,407
Incoming resources from Charitable activities				
Grants and other contracts	-	176,765	176,765	219,905
Social Services contracts	369,903	-	369,903	399,016
Transport	60,113	-	60,113	45,737
Private attendance and fees	<u>323,686</u>	<u>1,004</u>	<u>324,690</u>	<u>273,571</u>
Total Incoming Resources	<u>758,156</u>	<u>239,886</u>	<u>998,042</u>	<u>994,473</u>
 RESOURCES EXPENDED				
Costs of generating Funds	94		94	
Charitable Activities	750,910	255,237	1,006,147	939,222
Governance Costs	<u>5,500</u>	<u>-</u>	<u>5,500</u>	<u>5,084</u>
Total Resources Expended	<u>756,504</u>	<u>255,237</u>	<u>1,011,741</u>	<u>944,306</u>
 Net Incoming Resources/ Net Income for the year	 1,652	 (15,351)	 (13,699)	 50,167
Fund Balances Brought Forward	<u>268,735</u>	<u>137,420</u>	<u>406,155</u>	<u>355,988</u>
 Fund Balances carried Forward	 <u>270,387</u>	 <u>122,069</u>	 <u>392,456</u>	 <u>406,155</u>

The statement of financial activities includes all gains and losses in the year. All incoming resources expended derive from continuing activities.



Registered Office



The Clare Milne Centre

Emperor Way

Exeter Business Park

Exeter

EX1 3QS

Phone:

01392 360645

Email:

info@cedaonline.org.uk

Web:

www.cedaonline.org.uk



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